

AMENDED CLAIM SET;

1. (currently amended) A polymerizable composition comprising;

a cycloolefin monomer,

a flame retardant and

a metathesis polymerization catalyst,

wherein a monomer having a condensed ring made of an aliphatic ring having one or more carbon-carbon double bonds and an aromatic ring is used as the cycloolefin monomer and is contained in an amount of 10 weight-% or more with respect to all of the cycloolefin monomers in the polymerizable composition.
2. (original) The polymerizable composition according to claim 1, wherein the aromatic ring is a benzene ring, a naphthalene ring or a furan ring.
3. (cancelled).
4. (original) The polymerizable composition according to claim 1, further comprising a chain transfer agent and/or a crosslinking agent.
5. (original) The polymerizable composition according to claim 1, wherein the flame retardant is a halogen-free flame retardant.

6. (cancelled).

7. (new) The polymerizable composition according to claim 1, wherein the monomer having a condensed ring made of an aliphatic ring having one or more carbon-carbon double bonds and an aromatic ring is an aromatically condensed ring-containing cycloolefin monomer having three unsaturated aliphatic rings.

8. (new) The polymerizable composition according to claim 7, wherein the monomer having a condensed ring made of an aliphatic ring having one or more carbon-carbon double bonds and an aromatic ring is tetracyclo[9.2.1.0^{2,10}.0^{3,8}]tetradeca-3,5,7,12-tetraene.

9. (new) A resin molded product obtained by at least bulk polymerizing the polymerizable composition as claimed in claim 1.